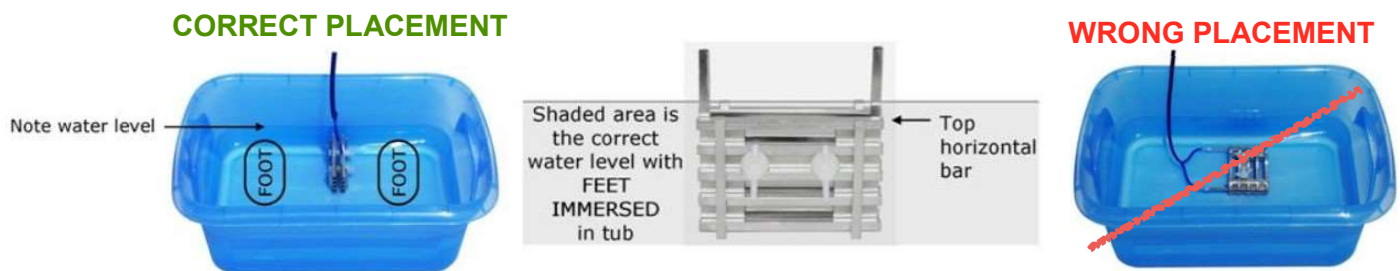


## Quick Start Guide for the Ionic Body Balancer™

1. Please read **COMPLETELY** before using the machine.
2. **More information at [www.IonicBalancer.com](http://www.IonicBalancer.com)**
3. Use a **PLASTIC** dishwashing tub. Metal tubs (including copper tubs) will destroy the power supply. **DO NOT USE A METAL TUB!**
4. Stand the array up vertically in the middle of the tub (as shown below on left). **Do not submerge the cables into the water in the tub. Do NOT pick the array up by the cables**, this can cause the terminals to loosen.



5. Place couple **DASHES** up to  $\frac{1}{4}$  **teaspoon**, **NOT MORE THAN**  $\frac{1}{2}$  **teaspoon** of salt in the tub and fill with **hot** water (as hot as can be tolerated) to the top of the array's bars (see picture above). *Note: For best results with this technology you should use very warm water.*
6. **Plug the power supply into a surge protector** and place the unit **AWAY** from the tub so it cannot fall into the water. The current coming from wall is called "Alternating Current" or "AC". The current generated by the power supply is "Direct Current" or "DC", which is harmless.
7. Plug the gold cable connectors into the color-coded ports on the power supply. **Do not remove the plugs by pulling on the cables.**
8. Place the tub containing the water, salt, and array so that your feet may rest in it comfortably while you are seated. You will also want to have an old towel on hand to dry your feet after your session. **The material in the water from cleanse session will stain fabric and carpet.**
9. Place feet in water **BEFORE** turning on the power supply, sit back and relax, enjoying your session. Within a minute, vigorous fizzing should take place around ONE SIDE of the array. Please allow 30 minutes for the session, or less if your feet become irritated or tingle. If you feel a tingling, you have used **too much salt** and should **STOP** the session, empty the water and start over with only a couple dashes of salt. (You are **not** being shocked, electrocuted or harmed if this sensation occurs.) **If the power supply becomes hot to the touch you have used too much salt and should change water or may damage to the power supply.**
9. **After use, clean your array PROPERLY.** Directions for cleaning may be found in User Manual at [www.ionicbalancer.com](http://www.ionicbalancer.com) website. Failure to clean the array properly will substantially shorten the life of the array. NOTE: One side of the array (ionizer) will wear faster than the other. This is NORMAL.

**NOTE:** This machine can cause a substantial amount of acid to be released from the body. In a small percentage of users, irritation may occur on feet and ankles. If this occurs, add a  $\frac{1}{2}$  teaspoon of baking soda to the water, or discontinue use. After your session wash feet with soap and treat with calamine lotion until the condition clears and discontinue use of the machine for 2-3 days.

Color of Water	Area of Body	Symptoms
Yellow-Green	Kidneys, Bladder, Urinary Tract, Reproductive Organs	Gynecological, or Prostrate Disorder, Kidney or Bladder Infections
Black Flecks	Heavy Metals	Memory Problems, Chronic Fatigue, Mental "Fog"
Orange	Joints	Arthritis, Rheumatism, Gout, Neuropathy, Fibromyalgia
Brown	Lungs, Cellular Debris	Smoking, Exposure to Second-Hand Smoke, or other forms of Air Pollution
White (Cheese-like Particles)	GI Tract, Any area effected by Yeast Infections	Candida, Migraine, Insomnia, Headaches, Yeast Infections
Dark Green	Gall Bladder, Liver, Stomach	Gall Stones, Weak or Compromised Immune System, Acid Reflux, Nausea
Red Flecks	Blood Clot Material	Arterial Blockage, Bruising, Hypertension, Cold Hands/Feet
White Foam	Lymphatic System	Menses Disorders, Lymph Nodes Tender or Clogged, Skin Disorders or Allergies
Black	Liver	History of heavy drinking or drug use (legal or illegal), Elevated liver enzymes on bloodworm

## Warnings:

Use a Surge Protector with the machine to protect it. Not using a surge protector **VOIDS the warranty.**

**Persons with transplanted organs are forever prohibited from using this product.**

Persons with ACTIVE devices such as pacemakers, defibrillators, spinal stims should consult with their physician before using. Persons with NONACTIVE devices such as pins, rods, joints, etc are OK to use the machine.

**Persons who are pregnant or nursing should not use the product until they have finished nursing regimen.**

Disclaimer: This product is not intended to diagnose, treat or cure any illness or disease condition. This is not a medical device and should not be considered as such.

**This technology is affected by body mass. A small person cannot comfortably tolerate as much power as a large person, and therefore needs to add LESS salt to the water and SHORTER session time.**

**Machine is not recommended for use by children under 100 pounds, or under the age of 12 unless under adult supervision. Session time should be not more than 10-15 minutes.**